## **Adverse Childhood**

## **Experiences**

Traumatic events that can have negative, lasting effects on health and wellbeing



- **Emotional abuse**
- Physical abuse
- Sexual abuse

## Household Challenges

- Domestic violence
- Substance abuse
- Mental illness
- Parental separation / divorce
- Incarcerated parent

People with 6+ ACEs can die

20 yrs

earlier than those who have none





Neglect

Emotional neglect

Physical neglect

1/8 of the population have more than 4 ACEs

## 4 or more ACEs

the levels of lung disease and adult smoking



the level of intravenous drug abuse



14x

the number of suicide attempts



as likely to have begun intercourse by age 15

4.5x

more likely to develop depression



2x the level of liver disease



Adverse childhood experiences are the single greatest unaddressed public health threat facing our nation today

> Dr. Robert Block, the former President of the American Academy of **Pediatrics**

of the population have at least 1 ACE

Disease, Disability, Social Problems

Death

Adoption of Health-risk Behaviours

Social, Emotional, Cognitive Impairment

Disrupted Neurodevelopment

Adverse Childhood Experiences

**67%**